HOST Coalition Members,

Welcome to the first edition of the HOST Coalition Quarterly! This newsletter is disseminated to help keep members up-to-date on all the fantastic work being done by organizations within the Coalition. If you have something you would like to include here, please share. Enjoy!

HOST COALITION 101

The vision for this national coalition of leaders in the OST field is to foster health and well-being practices in afterschool programs nationwide, using science-based standards for healthy eating, physical activity, screen time, and social supports for these behaviors including staff, family and youth engagement.

Do you know an organization that would make a great addition to the HOST Coalition? If so, send them our New Member Request Form!

*Feel free to use this graphic for promotion of the Coalition*
HOST COALITION WORKING GROUPS

In order to advance our work in creating healthy out-of-school time settings, the HOST coalition also has three working groups. If you currently are not a part of a working group and would like to be, please send an email.

- **Advocacy & Policy** - Develop strategies to move the HOST work forward at the federal, state, and local levels by encouraging HEPA Standard implementation through mechanisms such as licensing, regulation, and/or organizational policy change.

- **Research & Evaluation** - Determine the HOST research efforts underway and gaps in the information needed to monitor HEPA Standards uptake (awareness and implementation) and impact.

- **Technical Assistance & Implementation** - Monitor the needs of OST providers in terms of resources and support to implement the HEPA Standards (organizational policies and practices) including webinars, trainings, coaching, professional development opportunities, and connect providers with the resources that are currently available or collaboratively create those that do not currently exist.

**RESOURCES**

NRPA’s Foods of the Month
NRPA’s OST Food Waste Reduction
Let’s Move! Active Schools Interactive Resource Infographic
Shared Use Resolution
use the link to sign the resolution

**HOST NEWS**

National CACFP Week is March 12-18, 2017! Check out these resources for promotion ideas.

Three YMCA alliances (Massachusetts, South Carolina, Texas) received grants for 2016-17 from the American Heart Association/Voices for Healthy Kids to support the Healthy Out-of-School and Early Learning campaign and adoption of the HEPA policy lever.

NRPA is celebrating the 3-year anniversary of their Commit to Health Initiative! Over 1,250 park and recreation sites are implementing the HEPA standards, influencing over 228,000 youth with increased access to healthy foods and increased opportunities to be physically active. Check out their video here.

For more success stories around HOST, check out NIOST’s HEPA Roundup!

HOST COALITION WEBSITE