

# HOST COALITION QUARTERLY

APRIL 2017 – JUNE 2017



## National Survey Finds Most Parents Unaware of How Many Calories Children Should Eat in Restaurants

[Obesity180](#) shares findings from a [new study](#) that shows parents are largely unaware of how many calories to feed their children and those making accurate estimates were not confident in their answers.

## Interventions to Support Healthier Foods and Beverages in Schools

The [Community Preventative Services Task Force](#) recently issued separate findings for 4 types of interventions to increase the availability of healthier meals, snacks, and beverages in schools. Find out more information [here](#).

HOST Coalition Members,

This newsletter is disseminated to help keep members up-to-date on all the fantastic work being done by organizations within the Coalition. If you have something you would like to include, [please share](#). Enjoy!

---

### **\*\* ACTION REQUESTED \*\***

Please consider signing your organization on to the letter linked below. It has been created to obtain Congressional appropriations leadership's support of funding that helps OST programs provide healthy eating and physical activity to youth. The *HOST Coalition Policy Working Group* drafted the letter because in a challenging federal appropriations climate, we need to send a strong, unified message to Congress in support of federal policies and programs that are leveraged by local afterschool, before school, and summer learning programs. The letter urges the Appropriations Committee leadership to maintain or increase federal funding for several programs that promote a healthy childhood weight for our nation's children through support of OST learning programs focused on healthy eating and physical activity. We are asking for national and state level organizations to sign the letter. Unfortunately, individuals will not be accepted. You can view and sign-on to the letter by [following this link](#). A copy of the final letter, including all organizations who signed on, will be sent to participants in June. Thank you for your consideration!

Do you know an organization that would make a great addition to the HOST Coalition?  
If so, send them our [New Member Request Form!](#)

[HOST COALITION WEBSITE](#)



## NAA'S NEXT GENERATION OF AFTERSCHOOL 2017

In selecting NAA's Next Generation of Afterschool 2017, the [National AfterSchool Association](#) sought to highlight emerging professionals who are active in the afterschool community - young leaders who possess passion, creativity, and a commitment to youth; who embrace professional development; who embody the NAA core competencies. From a field of 125, a committee appointed by NAA selected those being honored. [Click here](#) to see how the honorees answer the question, "What impact do you hope to make through your work in afterschool?"

### Join the #GirlsAre Campaign

Girls today in the United States are far less likely than boys to achieve recommended amounts of physical activity. By age 14, girls are dropping out of sports at two times the rate of boys. One reason: not feeling empowered. #GirlsAre is a social media campaign uniting women to blaze the trail for girls behind them to celebrate athleticism. It encourages girls to celebrate their power and athleticism. Using the hashtag #GirlsAre, the [Alliance for a Healthier Generation](#) and the Clinton Foundation encourage supporters to sign the pledge to celebrate girls' athleticism and to write an empowering note to your younger, athletic self.

Bringing together more than 40 media partners, nonprofit organizations, and influential voices, the #GirlsAre campaign will run from May 15 to June 4. Join the movement on [Facebook](#) and [Twitter](#)!

### RESOURCES

[CLICK ON RESOURCE TO LEARN MORE](#)

[NRPA: May and June Foods of the Month](#)

[Action for Healthy Kids: Junk Food Marketing in Schools](#)

[NAA: Stem Pathways to Healthy Eating and Physical Activity](#)

### \*HOST NEWS\*

[Former First Lady Michelle Obama](#) and [President Bill Clinton](#) both spoke at the 2017 [Partnership for Healthier America's](#) 2017 Summit. Click on the link to listen to their speech.

**GRANT OPPORTUNITY:** [NRPA](#) is excited to expand the [Meet Me at the Park program](#) and provide additional communities with increased access to inclusive play spaces in local parks for children and families across the U.S. NPRA will be hosting a webinar to go over the goals of the grant and frequently asked questions during the RFA period. To register for the webinar on **Thursday, May 25<sup>th</sup> at 2pm EST** [click here](#).

For more stories around HOST, check out [NIOS's HEPA Roundup!](#)

[HOST COALITION WEBSITE](#)

